

What is Bullying?

Bullying is unnecessary physical or verbal acts that make another person feel bad about themselves which results in the lowering of a person's self esteem. Bullying can occur in groups or individually and may be direct or indirect.

S.O.A.R

The ideas in this brochure were developed by the **STUDENTS** of Morrice Jr/Sr High School on Dec. 17, 2010 in an effort to help their school!

WANTED!

Students Who:

S-Be Safe

O-Take Ownership

A-Allow Learning

R-Show Respect

Morrice Area Schools

Bullying Awareness Brochure

It Takes Character To Wear This Orange!



Produced By:
*The Students of
Morrice Jr/Sr High*



Morrice Area Schools

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Acts of bullying include:

- Name-calling/ Teasing
- Stealing/ Touching other's belongings
- Aggressive behavior or physical contact with another person
- Hazing
- Making fun of a person's appearance
- Getting people to do inappropriate things
- Joking/Playing around at other's expense
- Excluding people from groups
- Threatening people
- Slamming lockers and pushing books
- Intentionally lying about someone or gossiping
- Unwanted pranks
- Attacks/Name-calling/Lies placed on media sources like Facebook (Cyberbullying)
- Being pressured or allowing someone to cheat off of your work (Academic Bullying)

What we can do to stop bullying:

Students:

- Be a good example
- Speak up about bullying
- Tell an adult
- Respect other students
- Stay out of other people's business
- Stand up for classmates
- Do not involve yourself with people or groups who bully
- Be sensitive to what you say around people
- Find ways to include others in groups or teams
- Learn to walk away
- Don't intentionally cause conflicts

Parents:

- Don't allow your kid to bully
- Inform the school
- Teach kids that differences are good
- Serve as an example and show kids how to treat everyone appropriately
- Be involved in your child's life
- Monitor what your child is doing on the internet
- Talk with kids about how to recognize a bully and how to avoid bullying situations
- Explain to kids the dangers of bullying
- Allow kids to get counseling if needed

School:

- Handle bullying situations seriously
- Set strict consequences and be consistent
- Develop an anonymous system for reporting
- Talk with all students involved
- Call parents
- Keep student information private
- Do not talk about students
- Treat all students equally
- Dedicate time to teaching the impacts of bullying and how to avoid bullying
- Get students together to learn more about each other
- Watch hallways closely for bullying
- Give recognition to the students who behave in school
- Create an anti-bullying group
- Listen and be friendly to students